



# Practical Spiritual Astrology

with Tim Bost

MAY, 2008

[www.PracticalSpiritualAstrology.com](http://www.PracticalSpiritualAstrology.com)

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## WHAT IS IT?

Practical Spiritual Astrology is grounded in the understanding that our aim as consciously evolving humans is not only to remember and reclaim our essential divine nature, but also to manifest that spiritual essence more dynamically and more abundantly in the material world. The sacred knowledge of the heavenly intelligences and their cosmic cycles can guide us infallibly into spontaneous right action and joyful, fulfilled expression of our true selves.

Practical Spiritual Astrology thus brings us daily opportunities for being completely spiritually centered in a consistently resourceful manner that brings out the best qualities in our circumstances, that is completely congruent with our true creative nature, and that is genuinely helpful to others in a multitude of pragmatic, life-affirming ways.

**“What we are looking for is what is looking.”**

**- St. Francis of Assisi**

## THE FOCUS FOR MAY

Here is our fundamental choice: are we the unwitting puppets of our feelings as they have been colored by our past experiences, or are we capable of setting new directions for ourselves? If we try to stifle or ignore emotions, the results are always counterproductive, but if instead we transmute our feelings into visions of a greater good, we can create new neural pathways that propel us into beneficial action.

True wisdom and true compassion can only be born of sincere dedication to selfless service and a willingness to sacrifice ego-driven needs. There are times, however, when the traditional path of intelligent discipleship seems hopelessly outmoded, and we find ourselves seeking creative alternatives on our spiritual pilgrimage. When that happens, our first mission is to seek greater flexibility in releasing fear, so that we can rededicate ourselves to love in action.

As we work to transform emotional blockages into more fulfilling expressions of divine wisdom, we can gain a great deal of insight if we expand our personal horizons to include the interests and ideals of others. As we discover our common longing for abundance, harmony, and creativity, we will spontaneously open ourselves to the kind of transcendent inspiration that turns the chores of mundane experience into rites of ecstatically expanded consciousness.

The grace of the second Wesak Moon brings unadulterated enlightenment, a dazzling gift that lifts our spirits to new heights of divine intelligence. This is more than an occasion of welcome relief from stressful tensions; it is an opportunity to receive a blessing more profound than we can possibly imagine. As we do so, we not only get a glimpse of our true potential; we also revive the sacred connection to our celestial heritage, and to the loving forces that guide and protect our every step along the spiritual path.

Transforming emotional energy may seem a never-ending task, especially if we try to move forward through sheer force of will or through unwavering concentration of our mental faculties. But there is another path to this transformation, one which offers an easy and effective route to spiritual fulfillment—if we can dare to trust our emotions enough to enjoy their play

## THE ART OF SPIRITUAL MANIFESTATION

" The state of least  
excitation of  
consciousness is the field  
of all possibilities ."  
–*Maharishi Mahesh Yogi*

### ESOTERIC MANTRAS FOR MAY

#### TAURUS

"I see, and when the Eye  
is opened, all is Light."

#### GEMINI

"I recognize my other self,  
and in the waning of that  
self, I grow and glow."

### May Observances

May Day – 5/1  
Ascension Day – 5/1  
Beltane – 5/1  
Cinco de Mayo – 5/5  
Mother's Day – 5/11  
Pentecost – 5/11  
Armed Forces Day – 5/17  
Victoria Day – 5/19  
Visakha Puja – 5/20  
Memorial Day – 5/26  
Ascension of Baha'u'llah – 5/29

### Share the Light

Make copies of this ezine for  
others; send them to  
[http://www.practicalspiritual  
astrology.com](http://www.practicalspiritualastrology.com) to subscribe!

### Share Insights & Inspiration

Where is your heart leading  
you? Write to Tim Bost at P.O.  
Box 1657, Sarasota, FL 34230-  
1657 USA or send email to  
[spirit@timbost.com](mailto:spirit@timbost.com) with your  
comments, dreams, visions  
and suggestions. We look  
forward to hearing from you!

and display, participating in their changes as step in a divine dance, we will find ourselves effortlessly propelled toward spontaneous fulfillment.

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## Cosmic Opportunities

Venus trine Pluto – May 1, 3:48 a.m. EDT  
Mars square Apollon – May 1, 4:28 a.m. EDT  
Venus trine Saturn – May 1, 6:20 p.m. EDT  
Mercury enters Gemini – May 2, 4:03 p.m. EDT  
Saturn direct station – May 2, 11:08 p.m. EDT  
Neptune conjunct True Lunar Node – May 4, 3:04 p.m. EDT  
New Moon – May 5, 8:18 a.m. EDT  
Venus opposition Poseidon – May 6, 7:26 p.m. EDT  
Jupiter retrograde station – May 9, 8:12 a.m. EDT  
Mars enters Leo – May 9, 4:19 p.m. EDT  
Sun square Chiron – May 11, 4:58 a.m. EDT  
Sun trine Jupiter – May 12, 1:28 p.m. EDT  
Sun square True Lunar Node – May 13, 2:13 p.m. EDT  
Mercury opposition Cupido – May 13, 8:50 p.m. EDT  
Transpluto direct station – May 13, 10:21 p.m. EDT  
Sun square Neptune – May 14, 11:50 a.m. EDT  
Sun conjunct Admetos – May 14, 9:17 p.m. EDT  
Venus square Chiron – May 17, 1:27 p.m. EDT  
Sun square Transpluto – May 18, 2:21 a.m. EDT  
Venus trine Jupiter – May 18, 11:17 a.m. EDT  
Venus square True Lunar Node – May 18, 7:26 p.m. EDT  
Full Moon – May 19, 10:11 p.m. EDT  
Venus square Neptune – May 20, 2:27 a.m. EDT  
Venus conjunct Admetos – May 20, 10:54 a.m. EDT  
Sun enters Gemini – May 20, 12:00 p.m. EDT  
Sun square Saturn – May 22, 2:25 p.m. EDT  
Venus square Transpluto – May 22, 9:50 p.m. EDT  
Mars square Poseidon – May 23, 8:13 p.m. EDT  
Venus enters Gemini – May 24, 6:51 p.m. EDT  
Chiron retrograde station – May 25, 7:42 p.m. EDT  
Mercury retrograde station – May 26, 11:48 a.m. EDT  
Neptune retrograde station – May 26, 12:15 p.m. EDT  
Venus square Saturn - May 26, 1:10 p.m. EDT  
Sun trine Zeus – May 31, 6:56 a.m. EDT

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## Spiritual Growth from Stress-Free Living

If job stress, financial worries and money issues are currently blocking the fullest expression of your personal spiritual growth, it may be time for you to explore the benefits of person-centered financial astrology. Visit <http://www.timbost.com/info> to get Tim Bost's free astro-money emails.

Tim Bost's guide to stress-free living, *Plan 9 for Inner Space*, has more than 100 pages of tips and resources to help reduce stress and maintain a practical spiritual focus. You'll find complete details about this informative e-book at <http://www.timbost.com/publications/books.html>.

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