



# Practical Spiritual Astrology

with Tim Bost

JANUARY, 2008

[www.PracticalSpiritualAstrology.com](http://www.PracticalSpiritualAstrology.com)

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## WHAT IS IT?

Practical Spiritual Astrology is grounded in the understanding that our aim as consciously evolving humans is not only to remember and reclaim our essential divine nature, but also to manifest that spiritual essence more dynamically and more abundantly in the material world. The sacred knowledge of the heavenly intelligences and their cosmic cycles can guide us infallibly into spontaneous right action and joyful, fulfilled expression of our true selves.

Practical Spiritual Astrology thus brings us daily opportunities for being completely spiritually centered in a consistently resourceful manner that brings out the best qualities in our circumstances, that is completely congruent with our true creative nature, and that is genuinely helpful to others in a multitude of pragmatic, life-affirming ways.

**“What we are looking for is what is looking.”**

**- St. Francis of Assisi**

## THE FOCUS FOR JANUARY

At the start of the New Year we sit at a cosmic balance point, both in our external affairs and in our spiritual work as well. We remind ourselves that although we always have alternative courses of action available, we are best guided in our choices if we forever remember who we really are. We have a higher purpose to fulfill, and when our actions are consistent with that purpose, we can experience happiness beyond compare.

If we are willing to broaden our awareness throughout the month of January we can begin to experience the kinds of insights that will help us manifest our dreams. Even so, it may seem that as we are confronted by mundane power and political necessity, our will to good is often forcibly overshadowed by duty and responsibility. The understanding that we must embrace is that when we give the fullest expression to our highest ideals and to our capacity for love in its most refined form, we are truly fulfilling our duty and accepting our responsibilities in the most profound way.

Thoughts are things, and the thoughts that we entertain today become the manifest realities in our lives tomorrow. Right now we have the opportunity not only to choose our thoughts, but also to refine and enliven our imagination in ways that open up greater expressions of love, that awaken more harmonious outpourings of compassion, and that foster a more satisfying efflorescence of creativity. When we share this richness with those around us, we spontaneously fill our existence with spiritual grace as well as material abundance.

As we approach the Full Moon on January 22, it will be time for us to give full voice to the most egalitarian spirit that we can possibly embody, for when we give concrete form to our highest impulses toward graciousness and growth, we become open channels for divine love. This is a wonderful opportunity that actually requires very little effort on our part. All we have to do is let go of our ego-driven fears!

During the closing days of the month we may feel that it is once again time to take dramatic action, to push forward towards our highest aspirations. We have waited a long time for this occasion, and are likely to feel charged up with the will to move ahead. Even so, it is a good thing now for us to pause, to meditate, and to reflect on what we can do differently, on how we can decisively step away from our old pettiness and short-sightedness and act only in ways that are congruent with our spiritual destiny.

## THE ART OF SPIRITUAL COURAGE

"Who sees all beings in  
his own Self, and his  
own Self in all beings,  
loses all fear."  
—Upanishads

## ESOTERIC MANTRAS FOR JANUARY

### CAPRICORN

"Lost am I in light  
supernal, yet on that light  
I turn my back."

### AQUARIUS

"Water of life am I, poured  
forth for thirsty men."

## January Observances

New Year's Day – 1/1

Festival of Sleep – 1/3

Twelfth Night – 1/5

Epiphany – 1/6

Muharram – 1/10

Maghi – 1/13

Baha'i World Religion Day – 1/20

Tu B'shvat – 1/22

Australia Day – 1/26

## Share the Light

Make copies of this ezine for  
others; send them to  
[http://www.practicalspiritual  
astrology.com](http://www.practicalspiritualastrology.com) to subscribe!

## Share Insights & Inspiration

Where is your heart leading  
you? Write to Tim Bost at P.O.  
Box 1657, Sarasota, FL 34230-  
1657 USA or send email to  
[spirit@timbost.com](mailto:spirit@timbost.com) with your  
comments, dreams, visions  
and suggestions. We look  
forward to hearing from you!

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## Cosmic Opportunities

Saturn sextile Poseidon – January 1, 3:16 a.m. EST  
Sun square Zeus – January 2, 3:43 p.m. EST  
Mars opposition Pluto – January 2, 4:25 p.m. EST  
Jupiter opposition Kronos – January 2, 7:29 p.m. EST  
Sun sextile Uranus – January 6, 7:18 a.m. EST  
Venus square Saturn – January 6, 8:38 a.m. EST  
Hades trine Apollon – January 6, 3:50 p.m. EST  
New Moon – January 8, 6:37 a.m. EST  
Venus sextile Zeus – January 9, 6:52 a.m. EST  
Zeus retrograde station – January 10, 10:56 a.m. EST  
Venus sextile Chiron – January 11, 12:04 a.m. EST  
Venus conjunct Cupido – January 11, 10:44 p.m. EST  
Mars trine Apollon – January 12, 5:19 a.m. EST  
Venus square Uranus – January 12, 12:22 p.m. EST  
Mars conjunct Hades – January 12, 4:45 p.m. EST  
Sun trine Admetos – January 14, 8:19 a.m. EST  
Sun opposition Vulcanus – January 15, 6:35 a.m. EST  
Venus sextile Neptune – January 16, 2:35 p.m. EST  
Sun square Apollon – January 16, 9:45 p.m. EST  
Venus opposition Mars – January 19, 10:11 p.m. EST  
Sun enters Aquarius – January 20, 11:43 a.m. EST  
Venus opposition Hades – January 20, 10:55 p.m. EST  
Venus sextile Apollon – January 21, 3:53 a.m. EST  
Jupiter trine Saturn – January 21, 4:13 a.m. EST  
Full Moon – January 22, 8:35 a.m. EST  
Venus conjunct Pluto – January 24, 1:58 a.m. EST  
Venus enters Capricorn – January 24, 3:05 a.m. EST  
Apollon retrograde station – January 24, 9:20 a.m. EST  
Jupiter sextile Poseidon – January 25, 8:54 a.m. EST  
Pluto enters Capricorn – January 25, 9:38 p.m. EST  
Venus opposition Kronos – January 26, 5:08 p.m. EST  
Mercury retrograde station – January 28, 3:31 p.m. EST  
Sun square Poseidon – January 28, 9:16 p.m. EST  
Venus trine Saturn – January 29, 9:18 p.m. EST  
Mars direct station – January 30, 5:34 p.m. EST  
Venus sextile Poseidon – January 31, 1:48 a.m. EST  
Chiron sextile Cupido – January 31, 10:18 p.m. EST

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## Living Stress-Free for Spiritual Growth

Tim Bost's guide to stress-free living, *Plan 9 for Inner Space*, has more than 100 pages of tips and resources to help reduce stress and maintain a practical spiritual focus. You'll find details about this informative e-book at <http://www.timbost.com/publications/books.html>.

If job stress, financial worries and money issues are currently blocking the fullest expression of your personal spiritual growth, it may be time for you to explore the benefits of person-centered financial astrology. Visit <http://www.timbost.com/info> to subscribe to Tim Bost's free astro-money email service.

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