



Practical Spiritual Astrology

with Tim Bost

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www.PracticalSpiritualAstrology.com

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WHAT IS IT?

Practical Spiritual Astrology is grounded in the understanding that our aim as consciously evolving humans is not only to remember and reclaim our essential divine nature, but also to manifest that spiritual essence more dynamically and more abundantly in the material world. The sacred knowledge of the heavenly intelligences and their cosmic cycles can guide us infallibly into spontaneous right action and joyful, fulfilled expression of our true selves.

Practical Spiritual Astrology thus brings us daily opportunities for being completely spiritually centered in a consistently resourceful manner that brings out the best qualities in our circumstances, that is completely congruent with our true creative nature, and that is genuinely helpful to others in a multitude of pragmatic, life-affirming ways.

“What we are looking for is what is looking.”

- St. Francis of Assisi

THE FOCUS FOR DECEMBER

The shadows are lengthening as we draw closer to the Winter Solstice, but as always within the deepest darkness we are granted the absolute assurance of rebirth and rejuvenation. We are surrounded now by spiritual forces working tirelessly to nurture and sustain us, to help us move effortlessly into ever more blissful realizations of the divine experience. By allowing ourselves more passionate expressions of our spiritual impulses, we can spontaneously think the thoughts and take the actions that will propel us toward enlightenment.

Whether we are dealing with families, governments, or other social structures, we are often all too ready to curry favor and seek refuge at the feet of power, trusting that an unchanging status quo will somehow give us the protection we seek from the shifting tides of circumstance and the uncertainties of the material world. But nothing could be further from the truth. It is only the enduring spiritual realities and the wisdom of the Still Small Voice Within that can ultimately give us the comfort and security we crave.

Now, for the first time in what may seem like a very long time, we can get a glimpse of surprisingly concrete hope, setting aside at least some of our apprehensions. We may not be completely at ease as far as social expectations are concerned, but if we grant ourselves uninhibited freedom of expression we may be surprised at the insights and connections that are available for us to share.

With the Winter Solstice and the December 23 Full Moon we have an opportunity to expand our awareness, participating fully in the kind of higher consciousness that opens up richer understanding, broader abundance, and deeper love. Established in that consciousness we can take action that not only gets results, but that also offers a sacred alternative to the inevitably destructive outcomes of greed, arrogance, and divisiveness.

As we end the old year and get ready to start the new one, we sit at a cosmic balance point, both in our external affairs and in our spiritual work as well. It's a good time to remind ourselves that although we always have alternative courses of action available, we are perhaps best guided in our choices if we forever remember who we really are. We have a higher purpose to fulfill, and when our actions are consistent with that purpose, we can experience happiness beyond compare.

THE ART OF SPIRITUAL ACHIEVEMENT

"The struggle to reach
the top is itself enough
to fulfill the heart of
man." –*Albert Camus*

ESOTERIC MANTRAS FOR DECEMBER

SAGITTARIUS

"I see the goal. I reach
that goal and then I see
another."

CAPRICORN

"Lost am I in light
supernal, yet on that light
I turn my back."

December Observances

Advent Sunday – 12/3
Hanukkah – 12/5
Int'l Human Rights Day – 12/10
Bill of Rights Day – 12/15
International Arbor Day – 12/22
Christmas Day – 12/25
Kwanzaa Begins – 12/26
National Fruitcake Day – 12/27

Share the Light

Make copies of this ezine for
others; send them to
[http://www.practicalspiritual
astrology.com](http://www.practicalspiritualastrology.com) to subscribe!

Share Insights & Inspiration

Where is your heart leading
you? Write to Tim Bost at P.O.
Box 1657, Sarasota, FL 34230-
1657 USA or send email to
spirit@timbost.com with your
comments, dreams, visions
and suggestions. We look
forward to hearing from you!

Cosmic Opportunities

Jupiter sextile Apollon – December 1, 12:54 a.m. EST
Venus square Vulcanus – December 1, 4:19 a.m. EST
Mercury enters Sagittarius – December 1, 7:20 a.m. EST
Venus conjunct Apollon – December 1, 10:22 p.m. EST
Venus sextile Jupiter – December 2, 3:13 a.m. EST
Venus trine Hades – December 2, 4:50 p.m. EST
Venus sextile Pluto – December 3, 5:34 p.m. EST
Sun sextile Chiron – December 3, 10:34 p.m. EST
Sun sextile Zeus – December 3, 11:38 p.m. EST
Jupiter opposition Hades – December 4, 9:41 p.m. EST
Chiron trine Zeus – December 5, 2:48 a.m. EST
Venus enters Scorpio – December 5, 8:28 a.m. EST
Sun conjunct Cupido – December 6, 10:35 a.m. EST
Sun square Uranus – December 7, 3:34 a.m. EST
Venus trine Kronos – December 8, 2:43 p.m. EST
Mars sextile Saturn – December 8, 10:54 p.m. EST
New Moon – December 9, 12:40 p.m. EST
Mars trine Poseidon – December 9, 5:09 p.m. EST
Jupiter conjunct Pluto – December 11, 2:35 p.m. EST
Venus trine Mars – December 11, 6:14 p.m. EST
Sun sextile Neptune – December 11, 10:47 p.m. EST
Venus conjunct Poseidon – December 12, 8:53 EST
Venus sextile Saturn – December 12, 2:32 p.m. EST
Venus square Chiron – December 15, 5:06 p.m. EST
Sun conjunct Mercury – December 17, 10:26 a.m. EST
Venus trine Uranus – December 18, 1:43 a.m. EST
Sun sextile Apollon – December 18, 7:21 a.m. EST
Jupiter enters Capricorn – December 18, 3:11 p.m. EST
Sun opposition Hades – December 18, 5:56 p.m. EST
Saturn retrograde station – December 19, 9:10 a.m. EST
Mercury enters Capricorn – December 20, 9:42 a.m. EST
Sun conjunct Pluto – December 20, 7:17 p.m. EST
Venus square Neptune – December 22, 5:21 a.m. EST
Sun conjunct Jupiter – December 23, 12:55 a.m. EST
Full Moon – December 23, 8:16 p.m. EST
Sun opposition Mars – December 24, 2:46 p.m. EST
Venus opposition Admetos – December 25, 11:30 a.m. EST
Sun opposition Kronos – December 25, 1:44 p.m. EST
Venus trine Vulcanus – December 26, 7:58 a.m. EST
Mars opposition Jupiter – December 26, 2:52 p.m. EST
Sun trine Saturn – December 30, 8:23 a.m. EST
Venus enters Sagittarius – December 30, 1:01 p.m. EST
Mars enters Gemini – December 31, 11:00 a.m. EST

Living Stress-Free for Spiritual Growth

Tim Bost's guide to stress-free living, *Plan 9 for Inner Space*, has more than 100 pages of tips and resources to help reduce stress and maintain a practical spiritual focus. You'll find details at <http://www.timbost.com/publications/books.html>.

If financial worries and money issues are blocking the fullest expression of your personal spiritual growth, visit <http://www.timbost.com/info> Tim Bost's free astro-money email service.
