



Practical Spiritual Astrology

with Tim Bost

AUGUST, 2007

www.PracticalSpiritualAstrology.com

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WHAT IS IT?

Practical Spiritual Astrology is grounded in the understanding that our aim as consciously evolving humans is not only to remember and reclaim our essential divine nature, but also to manifest that spiritual essence more dynamically and more abundantly in the material world. The sacred knowledge of the heavenly intelligences and their cosmic cycles can guide us infallibly into spontaneous right action and joyful, fulfilled expression of our true selves.

Practical Spiritual Astrology thus brings us daily opportunities for being completely spiritually centered in a consistently resourceful manner that brings out the best qualities in our circumstances, that is completely congruent with our true creative nature, and that is genuinely helpful to others in a multitude of pragmatic, life-affirming ways.

“What we are looking for is what is looking.”

- St. Francis of Assisi

THE FOCUS FOR AUGUST

We begin this month by remembering that no matter what our ethnic or religious background may be, there are certain insights and realizations that we can all affirm, anchoring ourselves in our primeval connection with the cosmos. It is through the strength of that enduring spiritual foundation that we can discover perpetually fresh ways of bringing love into practical manifestation, enriching our own lives and the lives of others.

As Jupiter returns to direct motion on August 6, we can gratefully recall that the most harmonious form of spiritual growth takes place effortlessly and spontaneously. There are times, however, when our ability to learn new spiritual lessons depends mainly on the strength and tenacity of our will power. If we are not used to exercising our spiritual muscles, we may need to remind ourselves that tension holds the seeds of creativity and that confusion means a breakthrough is on the way. To expand our awareness through rigorous discipline and probing self-examination may seem like forced growth, but it is still growth nevertheless.

The New Moon awakens us to the opportunity to begin again with fresh resolve, deeper inspiration, and greater ease. This is an extremely potent time for us, no matter what our specific circumstances may be. Whether we choose to worship through organized rituals or whether we simply expose ourselves to the amazing flow of divine energy that perpetually finds expression in the natural world, our imaginative connection with sacred realities will open up unbounded possibilities.

No matter how much we want to manifest good things in our lives—increased financial and material abundance, job or business success, right relationships—our efforts will be frustrated if we focus only on what we lack or on the obstacles that we encounter. But we don't have to be limited by the problems we perceive, no matter how compelling they seem to be. To increase the dynamic power of our innate ability to create positive change, all we have to do is turn within. It is in the profound silence of our transcendent inner connection with the Divine that we can embrace the essence of who we really are.

The Lunar Eclipse of August 28 has one powerfully important message for us: everything is sacred. All of our experiences, all of our feelings, all of our thoughts and dreams are opportunities for us to acknowledge the guiding presence of a perpetually loving Universe. No matter how trivial or mundane our preoccupations may seem, each one contains the seed of inspiration and enlightenment. This is truly something to celebrate!

THE ART OF SPIRITUAL INVINCIBILITY

"Reject your sense of
injury and the injury
itself disappears."

--*Marcus Aurelius*

ESOTERIC MANTRAS FOR AUGUST

LEO

"I am That and
That I am."

VIRGO

"I am the Mother and the
Child. I, God, I Matter am."

August Observances

Hypnosis Day – 8/2
Chocolate Chip Day – 8/4
Psychic Sunday – 8/5
Hiroshima Day – 8/6
Eleanor Roosevelt Day – 8/12
Left Handers Day – 8/13
National Relaxation Day – 8/15
World Day of Reiki – 8/15
Kiss & Make Up Day – 8/25
Women's Equality Day – 8/26

Share the Light

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others; send them to
[http://www.practicalspiritual
astrology.com](http://www.practicalspiritualastrology.com) to subscribe!

Share Insights & Inspiration

Where is your heart leading
you? Write to Tim Bost at P.O.
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1657 USA or send email to
spirit@timbost.com with your
comments, dreams, visions
and suggestions. We look
forward to hearing from you!

Cosmic Opportunities

Mercury square Apollon – August 1, 2:53 p.m. EDT
Mercury conjunct Vulcanus – August 1, 4:58 p.m. EDT
Sun trine Jupiter – August 2, 11:12 a.m. EDT
Mercury enters Leo – August 4, 1:14 p.m. EDT
Sun trine Cupido – August 5, 1:11 a.m. EDT
Sun opposition Chiron – August 5, 4:22 p.m. EDT
Saturn trine Pluto – August 6, 6:35 a.m. EDT
Jupiter direct station – August 6, 10:05 p.m. EDT
Mars enters Gemini – August 7, 2:01 a.m. EDT
Venus square Mars – August 7:31 p.m. EDT
Venus retrograde enters Leo – August 8, 8:58 p.m. EDT
Mercury trine Jupiter – August 9, 11:36 a.m. EDT
Mercury trine Cupido – August 10, 4:11 p.m. EDT
Mercury opposition Chiron – August 10, 8:26 p.m. EDT
New Moon – August 12, 7:02 a.m. EDT
Sun opposition Neptune – August 13, 2:25 p.m. EDT
Venus conjunct Saturn – August 13, 3:14 p.m. EDT
Mercury opposition Neptune – August 14, 4:09 p.m. EDT
Venus trine Pluto – August 15, 9:42 a.m. EDT
Sun conjunct Mercury – August 15, 3:57 p.m. EDT
Mercury square Admetos – August 16, 7:49 p.m. EDT
Mercury conjunct Venus – August 17, 1:27 a.m. EDT
Mercury trine Pluto – August 17, 1:22 p.m. EDT
Venus square Admetos – August 17, 7:33 p.m. EDT
Sun conjunct Venus – August 17, 11:40 p.m. EDT
Sun square Admetos – August 18, 2:20 a.m. EDT
Mercury conjunct Saturn – August 18, 9:44 a.m. EDT
Mercury enters Virgo – August 19, 9:01 a.m. EDT
Sun trine Pluto – August 19, 2:14 p.m. EDT
Sun conjunct Saturn – August 21, 7:28 p.m. EDT
Mars trine Zeus – August 22, 8:02 p.m. EDT
Sun enters Virgo – August 23, 8:07 a.m. EDT
Mars opposition Jupiter – August 23, 12:02 p.m. EDT
Mercury square Jupiter – August 24, 9:05 p.m. EDT
Admetos retrograde station – August 25, 1:23 a.m. EDT
Mercury square Mars – August 25, 11:59 a.m. EDT
Venus opposition Neptune – August 25, 5:55 p.m. EDT
Mercury square Cupido – August 25, 10:25 p.m. EDT
Cupido direct station – August 26, 12:43 a.m. EDT
Mars trine Chiron – August 26, 4:09 a.m. EDT
Mars opposition Cupido – August 26, 7:28 p.m. EDT
Lunar Eclipse – August 28, 6:36 a.m. EDT
Mercury opposition Uranus – August 28, 3:39 p.m. EDT

Living Stress-Free for Spiritual Growth

Practical spirituality demands strategies for reducing and dealing with stress in our lives. Tim Bost's new e-book guide to stress-free living, **Plan 9 for Inner Space**, is loaded with more than 100 pages of power-packed tips and extra resources to help you get rid of stress and maintain your practical spiritual focus. It's brand-new, and is now available for immediate download. You'll find all the details at <http://www.timbost.com/publications/books.html> - check it out now!

If you feel that financial worries and money issues are blocking your spiritual growth, be sure to visit Tim Bost at <http://www.timbost.com/info> and subscribe to Tim's free astro-money email service.