

Practical Spiritual Astrology

with Tim Bost

JUNE, 2007

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WHAT IS IT?

Practical Spiritual Astrology is grounded in the understanding that our aim as consciously evolving humans is not only to remember and reclaim our essential divine nature, but also to manifest that spiritual essence more dynamically and more abundantly in the material world. The sacred knowledge of the heavenly intelligences and their cosmic cycles can guide us infallibly into spontaneous right action and joyful, fulfilled expression of our true selves.

Practical Spiritual Astrology thus brings us daily opportunities for being completely spiritually centered in a consistently resourceful manner that brings out the best qualities in our circumstances, that is completely congruent with our true creative nature, and that is genuinely helpful to others in a multitude of pragmatic, life-affirming ways.

"What we are looking for is what is looking."

- St. Francis of Assisi

THE FOCUS FOR JUNE

As human beings our sacred task is to live out the connection between the spiritual realities of the higher mind with the world of manifestation on the physical plane. In other words, no matter how grand and uplifting our spiritual insights may be, the real test of their ultimate value and integrity lies in our ability to integrate them into the humdrum patterns of our daily existence. It is when we bring higher consciousness into our daily reality, marrying it to the wisdom of our physical bodies, that we can most gloriously open up new vistas of spiritual expansion.

That expansion doesn't take place in a vacuum, however. It finds expression when it is imbued with inspired action. In fact, sometimes the only thing that's required for amazing spiritual advancement is our personal willingness to take the initiative and move into action. As we release our dependence on the authority of leaders and teachers, we can spontaneously act in ways that bring us material results as well as spiritual and intellectual insights, simply because the support of nature rises powerfully to fulfill our intentions.

But just as there are times for action, there are also times to refrain from acting. It is in the unbounded depths of silence, in listening to the Still Small Voice Within, that we can safeguard ourselves from the temptation to jump to conclusions, both in our judgment of others and in our assessments of our own spiritual progress. Then, in the midst of what seem to be ordinary experiences, we can discover the richer, more profound meanings that truly make life rewarding.

As Mercury slows down and starts its retrograde motion near the New Moon, we have an opportunity to regroup. By pausing now to reflect and to review our life's true purposes, we can allow the Divine Presence to express itself more gloriously through us, bringing into manifestation a bold new beginning, a fresh opportunity to take complete personal responsibility for our own transformation and for the renewal of the world. No matter how inadequate we may feel, we are here to carry on a sacred tradition, and in performing that task we can surprise ourselves with all the strength, intelligence, and loving creativity that make us full participants in a greater plan.

www.PracticalSpiritualAstrology.com

THE ART OF SPIRITUAL CENTERING

"To the mind that is still, the whole universe surrenders." *- Lao Tzu*

ESOTERIC MANTRAS FOR JUNE

GEMINI

"I recognize my other self, and in the waning of that self, I grow and glow."

CANCER

"I build a lighted house and therein dwell."

June Observances

World Environment Day - 6/5Hunger Awareness Day - 6/6Race Unity Day - 6/10Flag Day - 6/14Electricity Day - 6/15Father's Day - 6/17World Juggling Day - 6/18Juneteenth - 6/19Summer Solstice - 6/21UFO Day - 6/24

Share the Light

Make copies of this ezine for others; send them to http://www.practicalspiritual astrology.com to subscribe!

Share Insights & Inspiration

Where is your heart leading you? Write to Tim Bost at P.O. Box 1657, Sarasota, FL 34230-1657 USA or send email to spirit@timbost.com with your comments, dreams, visions and suggestions. We look forward to hearing from you! In inspired moments we can reach for a higher vision, a dream that we can somehow discover broader, more wonderful possibilities for our lives. When that happens, however, we are sometimes brought up short by responsibilities, time constraints, or the need to "get serious" about the limitations we are willing to accept. Yet within that apparent conflict there are the seeds of enlightened understanding. Our true attunement can remind us that dreaming bigger dreams is actually the most effective way to be responsible after all!

Cosmic Opportunities

Mars trine Cupido - June 2, 7:09 a.m. EDT Sun opposition Cupido - June 4, 6:05 a.m. EDT Mars trine Jupiter - June 4, 10:57 a.m. EDT Mercury trine Poseidon – June 4, 9:11 p.m. EDT Venus enters Leo – June 4, 1:59 p.m. EDT Sun opposition Jupiter – June 4, 7:12 p.m. EDT Sun trine Chiron – June 6, 10:57 a.m. EDT Mercury square Zeus - June 8, 9:11 a.m. EDT Sun square Uranus – June 9, 4:08 p.m. EDT Mars trine Saturn - June 11, 6:43 p.m. EDT Venus square Poseidon – June 12, 11:41 p.m. EDT Sun trine Neptune – June 13, 3:29 a.m. EDT New Moon – June 14, 11:13 p.m. EDT Sun trine Apollon – June 15, 7:04 p.m. EDT Mercury retrograde station - June 15, 7:41 p.m. EDT Mars square Vulcanus - June 16, 12:02 p.m. EDT Mars opposition Apollon – June 17, 3:09 a.m. EDT Sun conjunct Hades - June 17, 12:34 p.m. EDT Sun opposition Pluto - June 19, 2:49 a.m. EDT Venus trine Cupido - June 19, 5:31 p.m. EDT Venus trine Jupiter – June 19, 6:49 p.m. EDT Jupiter conjunct Cupido – June 20, 6:19 a.m. EDT Mars trine Pluto - June 21, 9:36 a.m. EDT Summer Solstice; Sun enters Cancer - June 21, 2:06 p.m. EDT Venus opposition Chiron - June 22, 2:26 a.m. EDT Uranus retrograde station - June 23, 10:43 a.m. EDT Mercury square Zeus – June 23, 4:14 p.m. EDT Zeus direct station - June 23, 11:29 p.m. EDT Mars enters Taurus - June 24, 5:26 p.m. EDT Sun conjunct Kronos - June 24, 11:14 p.m. EDT Saturn opposition Neptune - June 25, 11:54 a.m. EDT Mercury trine Poseidon - June 28, 3:08 a.m. EDT Sun conjunct Mercury – June 28, 2:39 p.m EDT Sun trine Poseidon - June 28, 9:44 p.m. EDT Full Moon – June 30, 9:49 a.m. EDT Venus opposition Neptune - June 30, 11:30 a.m. EDT

Living Stress-Free for Spiritual Growth

Practical spirituality demands strategies for reducing and dealing with stress in our lives. Tim Bost's new e-book guide to stress-free living, *Plan 9 for Inner Space*, is loaded with more than 100 pages of power-packed tips and extra resources to help you get rid of stress and maintain your practical spiritual focus. It's brand-new, and is now available for immediate download. You'll find all the details at http://www.timbost.com/publications/books.html - check it out now!